

Treningskalender Øvre bana (mot elva)

Treningskalender Øvre bana (mot elva)																															
	mandag				tirsdag				onsdag				torsdag				fredag				lørdag				søndag						
	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D			
.14.00	G8																														
.14.30																															
.15.00																															
.15.30																															
.16.00																															
.16.30																															
.17.00	G9 / G10		J8 / J9						J7		J11																				
.17.30	J11		G12		J10		G11		J13		J14/15		G8		J10																
.18.00					J11												G12		J10		G11		J13		J14/15		G8		J10		
.18.30	J11		G12				J10		G11		J13		J14/15		G8																J10
.19.00					J11												G12		J10		G11		J13		J14/15		G8		J10		
.19.30	J11		G12				J10		G11		J13		J14/15		G8																J10
.20.00					G13/14												Senior		G16				Eldretrim								
.20.30	G13/14		Senior				G16				Eldretrim																				
.21.00																															
.21.30																															

Treningskalender nedre bana (mot parkeringa)

Treningskalender nedre bana (mot parkeringa)																																
	mandag				tirsdag				onsdag				torsdag				fredag				lørdag				søndag							
	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D				
.14.00																	J8 / J9															
.14.30																					J8 / J9											
.15.00																																
.15.30					G13/14				G12				G13/14				J14/15															
.16.00																					G13/14				G12				G13/14			
.16.30					G13/14				G12				G13/14				J14/15															
.17.00																					G13/14				G12				G13/14			
.17.30					G13/14				G12				G13/14				J14/15															
.18.00																					G13/14				G12				G13/14			
.18.30	J13		J14/15		G13/14				G12				G13/14				J14/15															
.19.00																					J13		J14/15		G13/14				G12			
.19.30	J13		J14/15		G13/14				G12				G13/14				J14/15															
.20.00																					J13		J14/15		G13/14				G12			
.20.30	J13		J14/15		G13/14				G12				G13/14				J14/15															
.21.00																																
.21.30																																